

Life Styles Inventory™

Life Styles Inventory (LSI) measures 12 key thinking patterns or “styles” that promote performance improvement by increasing the understanding of personal attitudes, values, motivations and behaviours that help shape overall effectiveness.

Once completed, the LSI provides individuals with a profile and self-development guide, which enable individuals to focus on the specific areas that need development and thereby improve their personal effectiveness – both on the job and off.

LSI is available as a self assessment or an assessment by others. It can be self scored or scored by Human Synergistics.

Life Styles Inventory: Self

The LSI Self Kit includes...

- ❖ Self-Description Inventory – The inventory consists of 240 items with a 3-point response option scale.
- ❖ Self-Development Guide – This 70 page booklet helps individuals understand their score and develop strategies for personal improvement.

11105 LSI Self Kit (Self Scoring) \$34.00

Life Styles Inventory: 360° Feedback

The LSI Others Kit includes...

- ❖ Five Description by Others Inventories – These are to be distributed to co-workers whose opinions are important and trusted. These come with a scorer’s worksheet and a profile supplement.
- ❖ Self-Development Guide – This booklet explains how differences between a self assessment and an others assessment might occur and provides information on how to change negative perceptions.

11111 LSI Others Kit (Self Scoring).....\$82.00

11107 Additional Others Inventories\$11.00 each

LSI Simple Reports

Save time and money by having Human Synergistics score your LSI’s. You will receive a three page simple report for self and/or others, along with the above Self-Development Guides. With this option, your clients can complete the inventories on-line or by scantron forms provided by us.

11113/5 LSI Simple Report Self Kit\$45.00

11117/9 LSI Simple Report Others Kit\$117.00



LSI STYLUS®

LSI STYLUS is a sophisticated report that is computer-generated from the same 240 LSI items. Directed towards managers, the report pinpoints strengths and developmental needs, along with a multitude of suggestions for improvement.

This world-famous report has been used by over 10,000 managers in Canada alone. Many organizations use it as a “must-take” step in management development. With over one million possible permutations, this fifty+ page report is the most sophisticated product of its kind on the market today. LSI STYLUS is available as a self report or as an others report.

LSI STYLUS: Self Report

LSI STYLUS Self Report provides timely feedback on individual strengths and development opportunities. Feedback comes in a bound report format complete with development strategies. Complete the surveys on-line or by paper inventories.

11121/65 LSI STYLUS Self Report\$195.00

LSI STYLUS: 360° Feedback Report

By comparing their own self-assessment with those from significant others, this valuable report can serve as a reality check for managers or as an examination into how they are perceived by others. Using five assessments by others (included) Human Synergistics will develop and print this report to be inserted in your STYLUS binder. Participants can use the on-line or booklet versions.

11125/67 LSI STYLUS Single Others Report.....\$195.00

Double Report: Split your others’ group into two groups. The price includes six inventories. The feedback consists of two separate reports.

11133 LSI STYLUS Double Report\$245.00

Triple Report: Split your others’ group into three groups. The price includes nine inventories. The feedback consists of three separate reports.

11135 LSI STYLUS Triple Report\$295.00

11131 Additional Others Inventories\$11.00 each

NEW On-line Others’ Invitations Option: Increase face validity and improve response rates by having Human Synergistics send the on-line invitations to the selected others.

51139 Special Others’ On-line Invitation Service.....\$30.00 per group

The 12 LSI/LSI Stylus thinking styles are:

Constructive Styles

- ❖ Achievement
- ❖ Self-Actualizing
- ❖ Humanistic-Encouraging
- ❖ Affiliative

Passive-Defensive Styles

- ❖ Approval
- ❖ Conventional
- ❖ Dependent
- ❖ Avoidance

Aggressive-Defensive Styles

- ❖ Oppositional
- ❖ Power
- ❖ Competitive
- ❖ Perfectionistic

General Certification Program

This recommended three-day program will teach you how to de-brief the LSI, STYLUS, GSI and OCI. You will receive leader's guides and other facilitation aids as part of your fee. Please refer to page 25 for more information.

44102\$1495.00

LSI Leader's Guide

This 200+ page guide is packed with lots of information that you will need to successfully facilitate LSI and STYLUS programs.

11141\$ 95.00

LSI PowerPoint® Presentations

A "must" A-V aid for every LSI / STYLUS debriefing.

11145\$150.00

Combine LSI, GSI and OCI PowerPoint® presentations:

99911\$300.00

Understanding the Circumplex Instructional Video

This 25 minute video introduces and explains the 12 thinking styles comprising the Human Synergetics' development system. Use as a review or part of a debriefing program.

11159\$189.00

LSI Comparative Profiles

Stimulate discussion and heighten participants' understanding with this PowerPoint® show depicting various profiles.

11157\$75.00

Generic Circumplex Flipchart (bilingual - 25 per pad)

Hand draw various profiles to improve understanding

23613\$50.00

LSI Mastery Cards

Help your participants understand the 12 LSI thinking styles with these 60 "trivia" cards.

11155\$40.00

LSI Related Products

LSI Prescription for Change

An excellent supplement to either LSI or LSI STYLUS, Prescription for Change leads participants through a series of steps that eventually lead to the development of an effective action plan based on identified “change needs”.

11149\$10.00

LSI Influence Cards

A reusable system to quickly rate bosses, co-workers, customers or anyone else you have in mind. Once you have identified their primary thinking orientation, learn the best way for you to “influence” them.

11153\$20.00

LSI Self Supplement

Blank Self Circumplex to allow participants to transfer their scores to a durable folder that also contains an “effective” profile sample.

41189\$3.00

Profile Summary Cards

Participants choose cards that represent their scores in each style as an all-in-one-place summary of their profile.

11151\$15.00

Books

Perfectionism: A Sure Cure for Happiness

by Dr. J. Clayton Lafferty and Dr. Lorraine F. Lafferty

This succinct book focuses on one the most interesting and difficult to master styles – Perfectionistic. The book is dedicated to helping those who score high in this unhealthy style.

11161\$14.00

Vitamin C for the Workplace *by Luke De Sadeleer & Joseph Sherren*

Complicated leadership issues are explained in everyday language in this practical and comprehensive book, to create healthier and more productive workplaces.

91107\$23.00

The Psychological Edge in Rugby *by Michael Gourley*

Gourley shows how some of the most successful rugby coaches in the world use Constructive thinking styles (LSI) and Prescriptive leadership strategies (L/I) to motivate and lead their teams to victory.

32100\$29.00

LSI Conflict™

LSI Conflict uses the same 240 items as the LSI. However, the style names, descriptions and Self-Development Guide are geared towards helping individuals discover their strengths and development needs in dealing with conflict; and developing strategies to become more effective in conflict resolution, negotiations and conflict management.

LSI Conflict Kit includes ...

- ❖ LSI Conflict Inventory - The inventory consists of 240 items with a 3-point response option scale.
- ❖ Self-Development Guide – This 72 page booklet helps individuals understand their conflict scores and develop strategies for personal improvement.

11175 LSI Conflict Kit (Self Scoring)\$34.00

LSI Conflict Leader's Guide ...

- ❖ This guide contains complete information about how to facilitate a training program using the LSI Conflict.

11181 LSI Conflict Leader's Guide\$95.00

11179 LSI Conflict PowerPoint® Presentation\$150.00

LSI 1-A™

Human Synergetics designed the LSI 1-A specifically for the needs of teenagers. When used with the Teacher's Resource Kit, students can improve their way of thinking and thereby become more effective students, leaders and citizens.

11183 LSI 1-A Inventory (Self-Scoring).....\$10.00

LSI 1-A Teacher's Resource Kit includes ...

- ❖ Teachers Guide, along with lesson plans for five teaching units.
- ❖ LSI 1-A Student's Development Guide – The guide provides an interpretation of the 12 thinking styles and a plan for changing behaviour. (Part of this guide may be reproduced for student use.)

11185 LSI 1-A Resource Kit\$75.00

Leadership/Impact™

Your next step in Leadership development! This diagnostic report is designed to measure and develop leadership skills. With Leadership/Impact, your executives and managers will learn:

- ❖ Strategies that promote constructive thinking in others – *called prescriptive strategies.*
- ❖ Strategies that inhibit constructive thinking and encourage defensive thinking in others – *called restrictive strategies.*
- ❖ How they impact other people versus the impact they would *ideally* like to have.

Used in a workshop or as a one-on-one coaching tool, the 76-page bound report will enable participants to:

- ❖ Assess their current leadership skills and the impact those skills have on others.
- ❖ Assess their overall effectiveness.
- ❖ Learn the skills necessary to have an ideal impact on others.
- ❖ Develop strategies for improving their leadership skills.

Note: All Leadership/Impact assessments include a self **and** an others assessment. Multiple feedback reports are conveniently combined on the same pages.

All assessments are available in paper format or online.

Leadership/Impact Single Report includes ...

- ❖ One self assessment inventory and 5 description by others inventories.
- ❖ Scoring by Human Synergistics and a 76-page personalized Report

21101 L/I Single Report.....\$250.00

Leadership/Impact Double Report includes ...

- ❖ One self assessment inventory and 6 description by others inventories.
- ❖ Scoring by Human Synergistics and a 76-page personalized Report

21103 L/I Double Report\$275.00

Leadership/Impact Triple Report includes ...

- ❖ One self assessment inventory and 9 description by others inventories.
- ❖ Scoring by Human Synergistics and a 76-page personalized Report

21105 L/I Triple Report\$300.00

Extra L/I Description by Others Inventories\$11.00

L/I Composite Report

A composite report combines all of the scores from the group's participants into a single report. This provides an excellent "needs analysis" for follow-up training.

61111\$140.00

NEW On-line Others' Invitations Option: Increase face validity and improve response rates by having Human Synergistics send the on-line invitations to the selected others.

21115 Special Others' On-line Invitation Service\$30.00 per group

Leadership/Impact Facilitator's Guide.....\$250.00

L/I PowerPoint® Presentation\$150.00



L/I measures effectiveness, impact and these **Leadership Strategies:**

- ❖ Envisioning
- ❖ Role Modeling
- ❖ Mentoring
- ❖ Stimulating Thinking
- ❖ Referring
- ❖ Monitoring
- ❖ Providing Feedback
- ❖ Reinforcing
- ❖ Influencing
- ❖ Creating a Setting

Management Effectiveness Profile System (MEPS) is a competency-based diagnostic instrument that provides a comparison between a self and an others assessment. Results are presented in raw numbers and comparative percentile scores. The 180-page, bound feedback report consists of graphs followed by complete interpretation and improvement suggestions for each skill.

Use MEPS to assist junior and mid-level managers in:

- ❖ Discovering the 14 basic skills needed to be an effective manager.
- ❖ Comparing individual self awareness with others' assessments.
- ❖ Developing management competencies and skills.

Note: All MEPS assessments include a self **and** an others assessment. Multiple feedback reports are conveniently combined on the same pages. **All assessments are available in paper format or online.**

MEPS Single Report includes ...

- ❖ One self inventory and five others inventories
 - ❖ Scoring by Human Synergistics and complete report
- 11211\$190.00

MEPS Double Report includes ...

- ❖ One self inventory and six others inventories
 - ❖ Scoring by Human Synergistics and complete report
- 11215\$240.00

MEPS Triple Report includes ...

- ❖ One self inventory and nine others inventories
 - ❖ Scoring by Human Synergistics and complete report
- 11217\$290.00

Extra MEPS Description by Others inventories\$11.00

MEPS Group Composite Visual Comparison Profile.....\$20.00

MEPS Leader's Guide\$95.00

MEPS PowerPoint® Presentation\$100.00

The 14 MEPS skills are:

Tasks Skills

- ❖ Problem Solving
- ❖ Time Management
- ❖ Planning
- ❖ Goal Setting
- ❖ Performance Leadership
- ❖ Organizing

People Skills

- ❖ Team Development
- ❖ Delegation
- ❖ Participation
- ❖ Integrating Differences
- ❖ Providing Feedback

Interpersonal Skills

- ❖ Stress Processing
- ❖ Maintaining Integrity
- ❖ Commitment



Stress Processing Report™

Reduce sick days overnight! The Stress Processing Report (SPR) is a confidential self-assessment instrument that helps participants identify the root causes of their stress. Every manager owes it to themselves and the members of their team to learn what causes stress and more importantly, how to fix it. The SPR is statistically valid and reliable.

Stress Processing Report Kit includes...

- ❖ SPR Inventory – A 160 item, self-scoring inventory with a five-point response option.
- ❖ Self-Development Guide – The guide explains the 19 “stress styles”, the related physical and emotional symptoms of stress and the necessary steps to reduce stress.

11305 Stress Processing Kit\$36.00

SPR Leader’s Guide\$95.00

Biodots

Spice up your workshop by using these biothermal dots to quickly gauge individual stress levels.

11307\$15.00 / set of 25

The AMA DISC Survey™

A good first step in management development that is easy to administer. The AMA DISC Survey identifies the strengths and weaknesses of four leadership styles – Directing, Influencing, Supportive, and Contemplative.

AMA DISC Survey Kit includes ...

- ❖ Self-Scoring Inventory – 80 items with a five-point response option.
- ❖ Debriefing Guide – 47-page guide and workbook.

21701\$24.00

The Leader Within™

Improve the productivity of your group immediately. The Leader Within is a one-day self-contained development program that combines the LSI with OCI theories. Designed to teach participants the value of being “their own leaders”, this program is sure to be a success.

91103 Leader Within Participant Booklet\$120.00

Leader Within Leader’s Guide\$175.00